

Palestra Crocette

Settembre 2023

| Domenica | | Lunedì | | Martedì | | Mercoledì | | Giovedì | | Venerdì | | Sabato | |
|----------|--|------------------------|--|--|--|------------------------|--|-------------------|--|------------------------|--|----------|--|
| | | | | | | | | | | 1 | | 2 | |
| | | | | | | | | | | | | | |
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| 00:00:00 | | 00:00:00 | | 00:00:00 | | 00:00:00 | | 00:00:00 | | 00:00:00 | | 00:00:00 | |
| 3 | | 4 | | 5 | | 6 | | 7 | | 8 | | 9 | |
| | | | | | | | | | | | | | |
| | | A 16:30 pallavolo F | | A 16:30 S.A (DCPS) | | A 16:00 pallavolo F | | A 16:30 Volley C | | A 16:00 pallavolo F | | | |
| | | 18:00 Volley C | | 18:00 Volley C | | 17:30 Vigor | | 18:00 pallavolo F | | 18:00 Vigor | | | |
| | | 20:30 Tenax | | 22:00 doccie | | 19:00 pallavolo F | | 19:00 Volley C | | 19:30 Volley C | | | |
| | | 22:00 doccie | | S 23:00 | | 20:30 Tenax | | 20:30 Volley C | | 22:00 Tenax | | | |
| | | S 23:00 | | | | 22:00 doccie | | 22:00 doccie | | 23:30 doccie | | | |
| 00:00:00 | | 06:30:00 | | 06:30:00 | | 07:00:00 | | 06:30:00 | | 08:00:00 | | 00:00:00 | |
| 10 | | 11 | | 12 | | 13 | | 14 | | 15 | | 16 | |
| | | | | | | | | | | | | | |
| | | A 16:30 pallavolo F | | A 16:30 S.A (DCPS) | | A 16:00 ASD ginn elite | | A 16:00 Volley C | | A 16:00 ASD ginn elite | | | |
| | | 18:00 Volley C | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | 20:30 Tenax | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | 22:00 doccie | | S 23:00 | | 21:00 Tenax | | 23:00 | | 21:30 Tenax | | | |
| | | S 23:00 | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| 00:00:00 | | 06:30:00 | | 06:30:00 | | 07:30:00 | | 07:00:00 | | 08:00:00 | | 00:00:00 | |
| 17 | | 18 | | 19 | | 20 | | 21 | | 22 | | 23 | |
| | | | | | | | | | | | | | |
| | | A 16:00 ASD ginn elite | | A 16:30 S.A (DCPS) | | A 16:00 ASD ginn elite | | A 16:00 Volley C | | A 16:00 ASD ginn elite | | | |
| | | 17:30 pallavolo F | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | 19:00 Volley C | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | 21:00 Tenax | | S 23:00 | | 21:00 Tenax | | 23:00 | | 21:30 Tenax | | | |
| | | 22:30 doccie | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | S 23:30 | | | | S 23:30 | | | | S 0:00 | | | |
| 00:00:00 | | 07:30:00 | | 06:30:00 | | 07:30:00 | | 07:00:00 | | 08:00:00 | | 00:00:00 | |
| 24 | | 25 | | 26 | | 27 | | 28 | | 29 | | 30 | |
| | | | | | | | | | | | | | |
| | | A 16:00 ASD ginn elite | | A 16:30 S.A (DCPS) | | A 16:00 ASD ginn elite | | A 16:00 Volley C | | A 16:00 ASD ginn elite | | | |
| | | 17:30 pallavolo F | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | 19:00 Volley C | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | 21:00 Tenax | | S 23:00 | | 21:00 Tenax | | 23:00 | | 21:30 Tenax | | | |
| | | 22:30 doccie | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | S 23:30 | | | | S 23:30 | | | | S 0:00 | | | |
| 00:00:00 | | 07:30:00 | | 06:30:00 | | 07:30:00 | | 07:00:00 | | 08:00:00 | | 00:00:00 | |
| | | | | Note A Orario accensione S Orario spegnimento Accensione ordinaria Accensione straordinaria Solo Acqua Calda | | | | | | | | | |

Palestra Crocette

Ottobre 2023

| Domenica | | | Lunedì | | | Martedì | | | Mercoledì | | | Giovedì | | | Venerdì | | | Sabato | | |
|----------|----------|--|--------|----------|---------------------------------------|---------|----------|-------------|-----------|----------|---------------------------------------|---------|----------|-------------|---------|----------|---------------------------------------|--------|----------|-------|
| 1 | | | 2 | | | 3 | | | 4 | | | 5 | | | 6 | | | 7 | | |
| | | | A | 16:00 | ASD ginn elite | A | 16:30 | S.A (DCPS) | A | 16:00 | ASD ginn elite | A | 16:00 | Volley C | A | 16:00 | ASD ginn elite | | | |
| | | | | 17:30 | pallavolo F | | 18:00 | Volley C | | 17:30 | Vigor | | 20:00 | pallavolo F | | 17:30 | Vigor (ex sa) | | | |
| | | | | 19:00 | Volley C | | 22:00 | doccie | | 19:00 | pallavolo F | | 22:00 | doccie | | 19:00 | Volley C | | | |
| | | | | 21:00 | Tenax | S | 23:00 | | | 21:00 | Tenax | S | 23:00 | | | 21:30 | Tenax | | | |
| | | | | 22:30 | doccie | | | | | 22:30 | doccie | | | | | 23:00 | doccie | | | |
| | | | S | 23:30 | | | | | S | 23:30 | | | | | S | 0:00 | | | | |
| | 00:00:00 | | | 07:30:00 | | | 06:30:00 | | | 07:30:00 | | | 07:00:00 | | | 08:00:00 | | | 00:00:00 | |
| 8 | | | 9 | | | 10 | | | 11 | | | 12 | | | 13 | | | 14 | | |
| | | | A | 16:00 | ASD ginn elite | A | 16:30 | S.A (DCPS) | A | 16:00 | ASD ginn elite | A | 16:00 | Volley C | A | 16:00 | ASD ginn elite | | | |
| | | | | 17:30 | pallavolo F | | 18:00 | Volley C | | 17:30 | Vigor | | 20:00 | pallavolo F | | 17:30 | Vigor (ex sa) | | | |
| | | | | 19:00 | Volley C | | 22:00 | doccie | | 19:00 | pallavolo F | | 22:00 | doccie | | 19:00 | Volley C | | | |
| | | | | 21:00 | Tenax | S | 23:00 | | | 21:00 | Tenax | S | 23:00 | | | 21:30 | Tenax | | | |
| | | | | 22:30 | doccie | | | | | 22:30 | doccie | | | | | 23:00 | doccie | | | |
| | | | S | 23:30 | | | | | S | 23:30 | | | | | S | 0:00 | | | | |
| | 00:00:00 | | | 07:30:00 | | | 06:30:00 | | | 07:30:00 | | | 07:00:00 | | | 08:00:00 | | | 00:00:00 | |
| 15 | | | 16 | | | 17 | | | 18 | | | 19 | | | 20 | | | 21 | | |
| | | | A | 16:00 | ASD ginn elite | A | 16:30 | S.A (DCPS) | A | 16:00 | ASD ginn elite | A | 16:00 | Volley C | A | 16:00 | ASD ginn elite | | | |
| | | | | 17:30 | pallavolo F | | 18:00 | Volley C | | 17:30 | Vigor | | 20:00 | pallavolo F | | 17:30 | Vigor (ex sa) | | | |
| | | | | 19:00 | Volley C | | 22:00 | doccie | | 19:00 | pallavolo F | | 22:00 | doccie | | 19:00 | Volley C | | | |
| | | | | 21:00 | Tenax | S | 23:00 | | | 21:00 | Tenax | S | 23:00 | | | 21:30 | Tenax | | | |
| | | | | 22:30 | doccie | | | | | 22:30 | doccie | | | | | 23:00 | doccie | | | |
| | | | S | 23:30 | | | | | S | 23:30 | | | | | S | 0:00 | | | | |
| | 00:00:00 | | | 07:30:00 | | | 06:30:00 | | | 07:30:00 | | | 07:00:00 | | | 08:00:00 | | | 00:00:00 | |
| 22 | | | 23 | | | 24 | | | 25 | | | 26 | | | 27 | | | 28 | | |
| | | | A | 16:00 | ASD ginn elite GINNASTICA ELITE | A | 16:30 | S.A (DCPS) | A | 16:00 | ASD ginn elite GINNASTICA ELITE | A | 16:00 | Volley C | A | 16:00 | ASD ginn elite GINNASTICA ELITE | | | |
| | | | | 17:30 | pallavolo F | | 18:00 | Volley C | | 17:30 | Vigor | | 20:00 | pallavolo F | | 17:30 | Vigor (ex sa) | | | |
| | | | | 19:00 | Volley C | | 22:00 | doccie | | 19:00 | pallavolo F | | 22:00 | doccie | | 19:00 | Volley C | | | |
| | | | | 21:00 | Tenax | S | 23:00 | | | 21:00 | Tenax | S | 23:00 | | | 21:30 | Tenax | | | |
| | | | | 22:30 | doccie | | | | | 22:30 | doccie | | | | | 23:00 | doccie | | | |
| | | | S | 23:30 | | | | | S | 23:30 | | | | | S | 0:00 | | | | |
| | 00:00:00 | | | 07:30:00 | | | 06:30:00 | | | 07:30:00 | | | 07:00:00 | | | 08:00:00 | | | 00:00:00 | |
| 29 | | | 30 | | | 31 | | | | | | | | | | | | | | |
| | | | A | 16:00 | ASD ginn elite GINNASTICA ELITE | A | 16:30 | S.A (DCPS) | | | | | | | | | | | | |
| | | | | 17:30 | pallavolo F | | 18:00 | Volley C | | | | | | | | | | | | |
| | | | | 19:00 | Volley C | | 22:00 | doccie | | | | | | | | | | | | |
| | | | | 21:00 | Tenax | S | 23:00 | | | | | | | | | | | | | |
| | | | | 22:30 | doccie | | | | | | | | | | | | | | | |
| | | | S | 23:30 | | | | | | | | | | | | | | | | |
| | | | | 07:30:00 | | | 06:30:00 | | | 00:00:00 | | | 00:00:00 | | | 00:00:00 | | | | #RIF! |

| Legenda: | |
|----------|--|
| A | Orario accensione |
| S | Orario spegnimento |
| | Accensione ordinaria |
| | Solo Acqua Calda |
| | Accensione straordinaria riscaldamento |
| | Accensione straordinaria Acqua Calda |

Palestra Crocette

novembre 2023

| Domenica | | Lunedì | | Martedì | | Mercoledì | | Giovedì | | Venerdì | | Sabato | | |
|----------|----------|--------|----------------------|---------|-------------------|-----------|----------------------|----------------------|-------------------|-------------------|----------------------|----------------------|---------------|--|
| | | | | | | 1 | | 2 | | 3 | | 4 | | |
| | | | | | | | A | 16:00 ASD ginn elite | A | 16:00 Volley C | A | 16:00 ASD ginn elite | | |
| | | | | | | | S | 17:30 Vigor | S | 20:00 pallavolo F | S | 17:30 Vigor (ex sa) | | |
| | | | | | | | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | |
| | | | | | | | | 21:00 Tenax | | 23:00 | | 21:30 Tenax | | |
| | | | | | | | | 22:30 doccie | | | | 23:00 doccie | | |
| | | | | | | | S | 23:30 | | | S | 0:00 | | |
| | 00:00:00 | | 00:00:00 | | 00:00:00 | | 07:30:00 | | 07:00:00 | | 08:00:00 | | 00:00:00 | |
| 5 | | 6 | | 7 | | 8 | | 9 | | 10 | | 11 | | |
| | | | | A | 10:00 Soprani | A | 8:00 Soprani | A | 10:15 Soprani | A | 8:00 Mazzini | A | 10:00 Soprani | |
| | | A | 16:00 ASD ginn elite | S | 12:00 | S | 10:30 | S | 11:15 | S | 12:00 | S | 12:00 | |
| | | | 17:30 pallavolo F | | | A | 11:30 Soprani | | | | | | | |
| | | | 19:00 Volley C | | | S | 12:30 | | | | | | | |
| | | | 21:00 Tenax | A | 14:00 Soprani | A | 15:00 Soprani | | | | | | | |
| | | | 22:30 doccie | | 16:30 S.A (DCPS) | | 16:00 ASD ginn elite | A | 16:00 Volley C | A | 16:00 ASD ginn elite | | | |
| | | S | 23:30 | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | | | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | | | | 22:30 | | 21:00 Tenax | S | 22:30 | | 21:30 Tenax | | | |
| | | | | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | | | | | | S | 23:00 | | S | 23:30 | | | |
| | 00:00:00 | | 07:30:00 | | 10:30:00 | | 12:30:00 | | 07:30:00 | | 11:30:00 | | 02:00:00 | |
| 12 | | 13 | | 14 | | 15 | | 16 | | 17 | | 18 | | |
| | | A | 10:30 Soprani | A | 10:00 Soprani | A | 8:00 Soprani | A | 10:15 Soprani | A | 8:00 Mazzini | A | 10:00 Soprani | |
| | | S | 12:30 | S | 12:00 | S | 10:30 | S | 11:15 | S | 12:00 | S | 12:00 | |
| | | | | | | A | 11:30 Soprani | | | | | | | |
| | | | | | | S | 12:30 | | | | | | | |
| | | A | 14:00 Soprani | A | 14:00 Soprani | A | 15:00 Soprani | | | | | | | |
| | | | 16:00 ASD ginn elite | | 16:30 S.A (DCPS) | | 16:00 ASD ginn elite | A | 16:00 Volley C | A | 16:00 ASD ginn elite | | | |
| | | | 17:30 pallavolo F | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | | 19:00 Volley C | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | | 21:00 Tenax | S | 22:30 | | 21:00 Tenax | S | 22:30 | | 21:30 Tenax | | | |
| | | | 22:30 doccie | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | S | 23:00 | | | | S | 23:00 | | S | 23:30 | | | |
| | 00:00:00 | | 11:00:00 | | 10:30:00 | | 12:30:00 | | 07:30:00 | | 07:30:00 | | 02:00:00 | |
| 19 | | 20 | | 21 | | 22 | | 23 | | 24 | | 25 | | |
| | | A | 10:30 Soprani | A | 10:00 Soprani | A | 8:00 Soprani | A | 10:15 Soprani | A | 8:00 Mazzini | A | 10:00 Soprani | |
| | | S | 12:30 | S | 12:00 | S | 10:30 | S | 11:15 | S | 12:00 | S | 12:00 | |
| | | | | | | A | 11:30 Soprani | | | | | | | |
| | | | | | | S | 12:30 | | | | | | | |
| | | A | 14:00 Soprani | A | 14:00 Soprani | A | 15:00 Soprani | | | | | | | |
| | | | 16:00 ASD ginn elite | | 16:30 S.A (DCPS) | | 16:00 ASD ginn elite | A | 16:00 Volley C | A | 16:00 ASD ginn elite | | | |
| | | | 17:30 pallavolo F | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | | 19:00 Volley C | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | | 21:00 Tenax | S | 22:30 | | 21:00 Tenax | S | 22:30 | | 21:30 Tenax | | | |
| | | | 22:30 doccie | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | S | 23:00 | | | | S | 23:00 | | S | 23:30 | | | |
| | 00:00:00 | | 11:00:00 | | 10:30:00 | | 12:30:00 | | 07:30:00 | | 07:30:00 | | 02:00:00 | |
| 26 | | 27 | | 28 | | 29 | | 30 | | | | | | |
| | | A | 10:30 Soprani | A | 10:00 Soprani | A | 8:00 Soprani | A | 10:15 Soprani | A | 8:00 Mazzini | A | 10:00 Soprani | |
| | | S | 12:30 | S | 12:00 | S | 10:30 | S | 11:15 | S | 12:00 | S | 12:00 | |
| | | | | | | A | 11:30 Soprani | | | | | | | |
| | | | | | | S | 12:30 | | | | | | | |
| | | A | 14:00 Soprani | A | 14:00 Soprani | A | 15:00 Soprani | | | | | | | |
| | | | 16:00 ASD ginn elite | | 16:30 S.A (DCPS) | | 16:00 ASD ginn elite | A | 16:00 Volley C | A | 16:00 ASD ginn elite | | | |
| | | | 17:30 pallavolo F | | 18:00 Volley C | | 17:30 Vigor | | 20:00 pallavolo F | | 17:30 Vigor (ex sa) | | | |
| | | | 19:00 Volley C | | 22:00 doccie | | 19:00 pallavolo F | | 22:00 doccie | | 19:00 Volley C | | | |
| | | | 21:00 Tenax | S | 22:30 | | 21:00 Tenax | S | 22:30 | | 21:30 Tenax | | | |
| | | | 22:30 doccie | | | | 22:30 doccie | | | | 23:00 doccie | | | |
| | | S | 23:00 | | | | S | 23:00 | | S | 23:30 | | | |
| | 00:00:00 | | 11:00:00 | | 10:30:00 | | 12:30:00 | | 07:30:00 | | 07:30:00 | | 02:00:00 | |

| Legenda: | |
|----------|--|
| A | Orario accensione |
| S | Orario spegnimento |
| | Accensione ordinaria |
| | Solo Acqua Calda |
| | Accensione straordinaria riscaldamento |
| | Accensione straordinaria Acqua Calda |

Palestra Crocette

Dicembre 2023

| Domenica | Lunedì | Martedì | Mercoledì | Giovedì | Venerdì | Sabato |
|--------------------|----------------------|------------------|----------------------|------------------------|------------------------|-----------------|
| | | | | | 1 | 2 |
| | | | | | A 8:00 Mazzini | A 10:00 Soprani |
| | | | | | S 12:00 | S 12:00 |
| | | | | | | |
| | | | | | A 16:00 ASD ginn elite | |
| | | | | | 17:30 Vigor (ex sa) | |
| | | | | | 19:00 Volley C | |
| | | | | | 21:30 Tenax | |
| | | | | | 23:00 doccie | |
| | | | | | S 23:30 | |
| 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 | 00:00:00 | 02:00:00 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | A 10:30 Soprani | A 10:00 Soprani | A 8:00 Soprani | A 10:15 Soprani | A 8:30 pallavolo F | A 10:00 Soprani |
| | S 12:30 | S 12:00 | S 10:30 | S 11:15 | 11:30 doccie | S 12:00 |
| | | | A 11:30 Soprani | | S 12:00 | |
| | | | S 12:30 | | | |
| | A 14:00 Soprani | A 14:00 Soprani | A 15:00 Soprani | A 16:00 ASD ginn elite | A 16:00 ASD ginn elite | |
| | 16:00 ASD ginn elite | 16:30 S.A (DCPS) | 16:00 ASD ginn elite | 16:00 Volley C | 16:00 ASD ginn elite | |
| | 17:30 pallavolo F | 18:00 Volley C | 17:30 Vigor | 20:00 pallavolo F | 17:30 Vigor (ex sa) | |
| | 19:00 Volley C | 22:00 doccie | 19:00 pallavolo F | 22:00 doccie | 19:00 Volley C | |
| | 21:00 Tenax | S 22:30 | 21:00 Tenax | S 22:30 | 21:30 Tenax | |
| | 22:30 doccie | | 22:30 doccie | | 23:00 doccie | |
| | S 23:00 | | S 23:00 | | S 23:30 | |
| 00:00:00 | 11:00:00 | 10:30:00 | 12:30:00 | 07:30:00 | 07:30:00 | 02:00:00 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| A 9:00 pallavolo F | A 10:30 Soprani | A 10:00 Soprani | A 8:00 Soprani | A 10:15 Soprani | A 8:00 Mazzini | A 10:00 Soprani |
| S 12:00 doccie | S 12:30 | S 12:00 | S 10:30 | S 11:15 | S 12:00 | S 12:00 |
| S 12:30 | | | A 11:30 Soprani | | | |
| | A 14:00 Soprani | A 14:00 Soprani | A 15:00 Soprani | A 16:00 ASD ginn elite | A 16:00 ASD ginn elite | |
| | 16:00 ASD ginn elite | 16:30 S.A (DCPS) | 16:00 ASD ginn elite | A 16:00 Volley C | 16:00 ASD ginn elite | |
| | 17:30 pallavolo F | 18:00 Volley C | 17:30 Vigor | 20:00 pallavolo F | 17:30 Vigor (ex sa) | |
| | 19:00 Volley C | 22:00 doccie | 19:00 pallavolo F | 22:00 doccie | 19:00 Volley C | |
| | 21:00 Tenax | S 22:30 | 21:00 Tenax | S 22:30 | 21:30 Tenax | |
| | 22:30 doccie | | 22:30 doccie | | 23:00 doccie | |
| | S 23:00 | | S 23:00 | | S 23:30 | |
| 00:00:00 | 11:00:00 | 10:30:00 | 12:30:00 | 07:30:00 | 07:30:00 | 02:00:00 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | A 10:30 Soprani | A 10:00 Soprani | A 8:00 Soprani | A 10:15 Soprani | A 8:00 Mazzini | A 10:00 Soprani |
| | S 12:30 | S 12:00 | S 10:30 | S 11:15 | S 12:00 | S 12:00 |
| | | | A 11:30 Soprani | | | |
| | A 14:00 Soprani | A 14:00 Soprani | A 15:00 Soprani | | | |
| | 16:00 ASD ginn elite | 16:30 S.A (DCPS) | 16:00 ASD ginn elite | A 16:00 Volley C | A 16:00 ASD ginn elite | |
| | GINNASTICA ELITE | | GINNASTICA ELITE | 16:00 Volley C | GINNASTICA ELITE | |
| | 17:30 pallavolo F | 18:00 Volley C | 17:30 Vigor | 20:00 pallavolo F | 17:30 Vigor (ex sa) | |
| | 19:00 Volley C | 22:00 doccie | 19:00 pallavolo F | 22:00 doccie | 19:00 Volley C | |
| | 21:00 Tenax | S 22:30 | 21:00 Tenax | S 22:30 | 21:30 Tenax | |
| | 22:30 doccie | | 22:30 doccie | | 23:00 doccie | |
| | S 23:00 | | S 23:00 | | S 23:30 | |
| 00:00:00 | 11:00:00 | 10:30:00 | 12:30:00 | 07:30:00 | 07:30:00 | 02:00:00 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | |
| | | | | A 16:00 ASD ginn elite | A 16:00 ASD ginn elite | |
| | | | | GINNASTICA ELITE | GINNASTICA ELITE | |
| | | | | 17:30 Vigor | 17:30 Vigor (ex sa) | |
| | | | | 19:00 pallavolo F | 19:00 Volley C | |
| | | | | 21:00 Tenax | 21:30 Tenax | |
| | | | | 22:30 doccie | 23:00 doccie | |
| | | | | S 23:00 | S 23:30 | |
| 00:00:00 | ##### | 10:30:00 | 12:30:00 | 06:30:00 | 07:30:00 | 00:00:00 |
| 31 | | | | | | |

Legenda:

| | |
|---|--|
| A | Orario accensione |
| S | Orario spegnimento |
| | Accensione ordinaria |
| | Solo Acqua Calda |
| | Accensione straordinaria riscaldamento |
| | Accensione straordinaria Acqua Calda |